



May 2023 Illini West High School Menu



We encourage all students to come to the cafeteria for breakfast before school starts

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1	2	3	4	5
<p style="text-align: center;"><u>Breakfast</u> Cereal Fantastic French Toast Fresh Fruit/Fruit Juice Choice Milk Choice</p> <p style="text-align: center;"><u>Lunch</u> Hot Dog on Bun Baked Chips Green Beans Fruit Milk Choice</p>	<p style="text-align: center;"><u>Breakfast</u> Cereal WG Cinnamon Roll Fresh Fruit/Fruit Juice Choice Milk Choice</p> <p style="text-align: center;"><u>Lunch</u> Goulash WG Breadstick Sweet Peas Fruit Milk Choice</p>	<p style="text-align: center;"><u>Breakfast</u> Cereal Yummy Breakfast Pizza Fresh Fruit/Fruit Juice Choice Milk Choice</p> <p style="text-align: center;"><u>Lunch</u> Crispy Nachos Refried Beans Seasoned Corn Fruit Milk Choice</p>	<p style="text-align: center;"><u>Breakfast</u> Cereal Egg, Ham & Cheese Quesadilla Fresh Fruit/Fruit Juice Choice Milk Choice</p> <p style="text-align: center;"><u>Lunch</u> Chicken & Noodles Mashed Potatoes Cooked Carrots Fruit Milk Choice</p>	NO SCHOOL
8	9	10	11	12
<p style="text-align: center;"><u>Breakfast</u> Cereal Brown Sugar Cinnamon Pop-Tart Fresh Fruit/Fruit Juice Choice Milk Choice</p> <p style="text-align: center;"><u>Lunch</u> Tenderloin on Bun Baked Beans Baby Carrots / Ranch Fruit Milk Choice</p>	<p style="text-align: center;"><u>Breakfast</u> Cereal Pancakes Fresh Fruit/Fruit Juice Choice Milk Choice</p> <p style="text-align: center;"><u>Lunch</u> Spaghetti with Meat Sauce Seasoned Corn WG Breadstick Fruit WG M&M Cookie Milk Choice</p>	<p style="text-align: center;"><u>Breakfast</u> Cereal Scrumptious Coffeecake Fresh Fruit/Fruit Juice Choice Milk Choice</p> <p style="text-align: center;"><u>Lunch</u> Popcorn Chicken Mac N Cheese Green Beans Fruit Milk Choice</p>	<p style="text-align: center;"><u>Breakfast</u> Cereal Cheesy Ham & Egg Biscuit Fresh Fruit/Fruit Juice Choice Milk Choice</p> <p style="text-align: center;"><u>Lunch</u> Pulled Pork Tacos Lettuce, Cheese & Salsa Refried Beans Fruit Milk Choice</p>	NO SCHOOL

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*Menus are subject to change without notice due to inclement weather and/or food supply

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15	16	17	18	19
<p style="text-align: center;"><u>Breakfast</u> Cereal Breakfast Pizza Fresh Fruit/Fruit Juice Choice Milk Choice</p> <p style="text-align: center;"><u>Lunch</u> Ham & Cheese on Bun Lettuce & Tomato Slice Baked Chips Fruit Milk Choice</p>	<p style="text-align: center;"><u>Breakfast</u> Cereal WG Cinnamon Roll Fresh Fruit/Fruit Juice Choice Milk Choice</p> <p style="text-align: center;"><u>Lunch</u> Baked Country Fried Steak Whipped Potatoes/Country Gravy Seasoned Corn Fruit Milk Choice</p>	<p style="text-align: center;"><u>Breakfast</u> Cereal WG Bagel w/ Toppings Fresh Fruit/Fruit Juice Choice Milk Choice</p> <p style="text-align: center;"><u>Lunch</u> Biscuits & Gravy Hash Brown Round Sausage Patty Fruit Milk Choice</p>	<p style="text-align: center;"><u>Breakfast</u> Cereal Egg, Ham & Cheese Quesadilla Fresh Fruit/Fruit Juice Choice Milk Choice</p> <p style="text-align: center;"><u>Lunch</u> Rotini Pasta with Chicken WG Breadstick Green Beans Fruit Milk Choice</p>	NO SCHOOL
22	23	24	25	26
<p style="text-align: center;"><u>Breakfast</u> Cereal Pancakes Fresh Fruit/Fruit Juice Choice Milk Choice</p> <p style="text-align: center;"><u>Lunch</u> Pulled Pork Bun Baked French Fries Sweet Peas Fruit Milk Choice</p>	<p style="text-align: center;"><u>Breakfast</u> Cereal WG Muffin Fresh Fruit/Fruit Juice Choice Milk Choice</p> <p style="text-align: center;"><u>Lunch</u> Taco in a Bag Carrot Sticks w/ Ranch Fruit WG M&M Cookie Milk Choice</p>	COOK'S CHOICE	COOK'S CHOICE	NO SCHOOL