



March 2020 Illini West High School Menu

| Monday | Tuesday | Wednesday | Thursday | Friday |
|---|--|---|--|---|
| 2 | 3 | 4 | 5 | 6 |
| <p style="text-align: center;"><u>Breakfast</u> French Toast Sticks w/ Syrup Fresh Fruit / Fruit Juice Choice Milk Choice</p> <p style="text-align: center;"><u>Lunch</u> Hamburger on Bun Lettuce & Tomato Slice Celery Sticks Fruit Milk Choice</p> | <p style="text-align: center;"><u>Breakfast</u> Oatmeal Breakfast Round Yogurt Cup Fresh Fruit / Fruit Juice Choice Milk Choice</p> <p style="text-align: center;"><u>Lunch</u> Crispy Nachos with Ground Beef Seasoned Corn Refried Beans Fruit Milk Choice</p> | <p style="text-align: center;"><u>Breakfast</u> WG Bagel w/ Toppings Fresh Fruit / Fruit Juice Choice Milk Choice</p> <p style="text-align: center;"><u>Lunch</u> Salisbury Steak Whipped Potatoes/Gravy Green Beans WG Dinner Roll Fruit Milk Choice</p> | <p style="text-align: center;"><u>Breakfast</u> WG Blueberry Muffin Fresh Fruit / Fruit Juice Choice Milk Choice</p> <p style="text-align: center;"><u>Lunch</u> Rotini Pasta with Chicken WG Breadstick Carrot Sticks WG M&M Cookie Fruit Milk Choice</p> | <p style="text-align: center;"><u>Breakfast</u> Breakfast Pizza Fresh Fruit / Fruit Juice Choice Milk Choice</p> <p style="text-align: center;"><u>Lunch</u> Bosco Sticks w/ Marinara Garden Salad Fruit Milk Choice</p> |
| 9 | 10 | 11 | 12 | 13 |
| <p style="text-align: center;"><u>Breakfast</u> Biscuit & Gravy Fresh Fruit / Fruit Juice Choice Milk Choice</p> <p style="text-align: center;"><u>Lunch</u> Stuffed Crust Pepperoni Pizza Garden Salad Fruit Milk Choice</p> | <p style="text-align: center;"><u>Breakfast</u> Pancake on a Stick Fresh Fruit / Fruit Juice Choice Milk Choice</p> <p style="text-align: center;"><u>Lunch</u> Goulash WG Breadstick Seasoned Corn Fruit Milk Choice</p> | <p style="text-align: center;"><u>Breakfast</u> WG Cereal String Cheese Fresh Fruit / Fruit Juice Choice Milk Choice</p> <p style="text-align: center;"><u>Lunch</u> Sloppy Joe on Bun Oven Fries Broccoli w/ Cheese Fruit Milk Choice</p> | <p style="text-align: center;"><u>Breakfast</u> Sausage Breakfast Sandwich Fresh Fruit / Fruit Juice Choice Milk Choice</p> <p style="text-align: center;"><u>Lunch</u> Toasted Cheese Sandwich Chicken Noddle Soup Carrot Sticks Fruit Milk Choice</p> | <p style="text-align: center;"><u>Breakfast</u> WG Muffin Fresh Fruit / Fruit Juice Choice Milk Choice</p> <p style="text-align: center;"><u>Lunch</u> Chicken Patty on Bun Green Leafy Lettuce Baked Beans Fruit Milk Choice</p> |

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| 16 Monday | 17 Tuesday | 18 Wednesday | 19 Thursday | 20 Friday |
|---|--|---|---|---|
| <p>Breakfast Mini Waffles with Syrup Fresh Fruit / Fruit Juice Choice Milk Choice</p> <p>Lunch Hot Dog on Bun Oven Fries Celery & Carrot Sticks Fruit Milk Choice</p> | <p>Breakfast Whole Wheat Bagel w/ toppings Fresh Fruit / Fruit Juice Choice Milk Choice</p> <p>Lunch Spaghetti w/ Meat Sauce Garlic Bread Garden Salad Fruit Milk Choice</p> | <p>Breakfast Pancakes Fresh Fruit / Fruit Juice Choice Milk Choice</p> <p>Lunch Chicken & Noodles Mashed Potatoes Cooked Carrots Fruit Milk Choice</p> | <p>Breakfast WG Cinnamon Roll Fresh Fruit/Fruit Juice Choice Milk Choice</p> <p>Lunch Taco Salad & Tortilla Chips Red Bell Pepper Strips Refried Beans Romaine Lettuce Fruit</p> | <p>NO SCHOOL</p> |
| 23 | 24 | 25 | 26 | 27 |
| <p>NO SCHOOL</p> | <p>Breakfast Biscuit & Gravy Fresh Fruit/Fruit Juice Choice Milk Choice</p> <p>Lunch Popcorn Chicken w/ Ranch Mac N Cheese Seasoned Corn Fruit Milk Choice</p> | <p>Breakfast Scrumptious Coffeecake Fresh Fruit/Fruit Juice Choice Milk Choice</p> <p>Lunch Fresh Baked Lasagna WG Breadsticks Carrot Sticks w/ Ranch Fruit Milk Choice</p> | <p>Breakfast Omelet Quesadilla w/ salsa Fresh Fruit/Fruit Juice Choice Milk Choice</p> <p>Lunch Cheese Pizza Broccoli Florets WG Snickerdoodle Cookie Fruit Milk Choice</p> | <p>Breakfast French Toast Sticks w/ Syrup Fresh Fruit/Fruit Juice Choice Milk Choice</p> <p style="text-align: center;">NEW!</p> <p>Lunch Chicken Pot Pie Tossed Salad Fruit Milk Choice</p> |
| 30 | 31 | | | |
| <p>Breakfast Mini Waffles w/ Syrup Fresh Fruit/Fruit Juice Choice Milk Choice</p> <p>Lunch Biscuits & Gravy Sausage Patty Hash Brown Patty Fruit Milk Choice</p> | <p>Breakfast WG Cinnamon Roll Fresh Fruit/Fruit Juice Choice Milk Choice</p> <p>Lunch Mini Corn Dogs Green Beans Fruit WG Snickerdoodle Cookie Milk Choice</p> | | <p>Milk Choices include: 1% white, skim white & skim chocolate</p> <p>Menus are subject to change without notice due to inclement weather and/or food supply</p> <p>* Applies only to the grades indicated</p> |  <p>Choose MyPlate.gov</p> |