

January 2020 Illini West High School Menu



Monday	Tuesday	Wednesday	Thursday	Friday
violiday	Tuesday	-	•	•
		1	2	3
NO SCHOOL	NO SCHOOL	NO SCHOOL	NO SCHOOL	NO SCHOOL
6	7	8	9	10
Breakfast Mini Waffles w/ Syrup Fresh Fruit/Fruit Juice Choice Milk Choice	Breakfast WG Cinnamon Roll Fresh Fruit/Fruit Juice Choice Milk Choice	Breakfast Egg & Cheese Breakfast Burrito Graham Snacks Fresh Fruit/Fruit Juice Choice Milk Choice	Breakfast WG Muffin Fresh Fruit/Fruit Juice Choice Milk Choice	Breakfast Breakfast Pizza Fresh Fruit/Fruit Juice Choice Milk Choice
Lunch Chicken Tetrazzini Mixed Vegetables WG Breadstick Fruit Milk Choice	Lunch Cheese Pizza Tossed Salad Carrot Sticks Fruit Milk Choice	<u>Lunch</u> Mini Corn Dogs Green Beans Fruit WG Snickerdoodle Cookie Milk Choice	Lunch Tater Tot Casserole Spinach Salad Dinner Roll Fruit Milk Choice	Lunch Baked Penne Pasta WG Breadstick Sweet Peas Fruit Milk Choice

Federal Nondiscrimination Statement: In accordance with Federal law and United States Department of Agriculture (USDA) policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, or disability. To file a complaint of discrimination, write USDA, Director, Office of Adjudication, 1400 Independence Avenue, SW, Washington, DC 20250-9410 or call 866-632-9992 (voice). Individuals who are hearing impaired or have speech disabilities Aug contact USDA through the Federal Relay Service at 800-877-8339, or 800-845-6136 (Spanish). The USDA and the CDE are equal opportunity providers and employers.

January 2020 - Illini West High School Menu						
13 Monday	14 Tuesday	15 Wednesday	16 Thursday	17 Friday		
Breakfast WG Cereal Sausage Patty Fresh Fruit/Fruit Juice Choice Milk Choice	<u>Breakfast</u> Biscuit & Gravy Fresh Fruit/Fruit Juice Choice Milk Choice	<u>Breakfast</u> Kansas Granola Bar Fresh Fruit/Fruit Juice Choice Milk Choice	<u>Breakfast</u> Pancakes Fresh Fruit/Fruit Juice Choice Milk Choice	Breakfast Chicken Biscuit Breakfast Sandwich Fresh Fruit/Fruit Juice Choice Milk Choice		
Lunch Hamburger on Bun Lettuce & Tomato Slice Oven Fries Fruit Milk Choice	<u>Lunch</u> Taco in a Bag Carrot Sticks w/ Ranch Fruit Milk Choice	<u>Lunch</u> Pepperoni Pizza Garden Salad Fruit Milk Choice	Lunch Chicken Nuggets Mac N Cheese Sweet Peas Fruit Milk Choice	Lunch Toasted Ravioli/Marinara Seasoned Corn WG M&M Cookie Fruit Milk Choice		
20	21	22	23	24		
NO SCHOOL	Breakfast Oatmeal Breakfast Round Yogurt Cup Fresh Fruit/Fruit Juice Choice Milk Choice Lunch Salisbury Steak Whipped Potatoes Green Beans WG Dinner Roll Fruit Milk Choice	Breakfast WG Bagel w/ Toppings Fresh Fruit/Fruit Juice Choice Milk Choice Lunch Crispy Nachos Seasoned Corn Refried Beans Fruit Milk Choice	Breakfast WG Blueberry Muffin Fresh Fruit/Fruit Juice Choice Milk Choice Lunch Rotini Pasta with Chicken WG Breadstick Cherry Tomatoes Fruit Milk Choice	Breakfast Breakfast Pizza Fresh Fruit/Fruit Juice Choice Milk Choice Lunch Bosco Sticks w/ Marinara Garden Salad WG Snickerdoodle Cookie Fruit Milk Choice		
27	28	29	30	31		
Breakfast Sausage Breakfast Sandwich Fresh Fruit/Fruit Juice Choice Milk Choice	Breakfast Pancake on a Stick Fresh Fruit/Fruit Juice Choice Milk Choice	Breakfast Biscuit & Gravy Fresh Fruit/Fruit Juice Choice Milk Choice	Breakfast WG Cereal String Cheese Fresh Fruit/Fruit Juice Choice Milk Choice	Breakfast WG Muffin Fresh Fruit/Fruit Juice Choice Milk Choice		
Lunch Toasted Cheese Sandwich Tomato Soup Celery & Carrots Fruit Milk Choice	<u>Lunch</u> Sloppy Joe on Bun Oven Fries Broccoli with Cheese Fruit Milk Choice	<u>Lunch</u> Cheese Pizza Garden Salad Fruit WG M&M Cookie Milk Choice	<u>Lunch</u> Goulash WG Breadstick Sweet Peas Fruit Milk Choice	<u>Lunch</u> Chicken Patty on Bun Cooked Carrots Green Leafy Lettuce Fruit Milk Choice		