



October 2019 Illini West High School Menu

Monday	Tuesday	Wednesday	Thursday	Friday
	1	2	3	4
	<p><u>Breakfast</u> WG Cinnamon Roll Fresh Fruit/Fruit Juice Choice Milk Choice</p> <p><u>Lunch</u> Cheese Pizza Tossed Salad Carrot Sticks Fruit Milk Choice</p>	<p><u>Breakfast</u> Egg & Cheese Breakfast Burrito Graham Snacks Fresh Fruit/Fruit Juice Choice Milk Choice</p> <p><u>Lunch</u> Mini Corn Dogs Green Beans WG Snickerdoodle Cookie Fruit Milk Choice</p>	<p><u>Breakfast</u> WG Muffin Fresh Fruit/Fruit Juice Choice Milk Choice</p> <p><u>Lunch</u> Chicken Quesadilla Wedge Salsa / Sour Cream Seasoned Corn Fruit Milk Choice</p>	<p><u>Breakfast</u> Breakfast Pizza Fresh Fruit/Fruit Juice Choice Milk Choice</p> <p><u>Lunch</u> Baked Penne Pasta WG Breadstick Sweet Peas Fruit Milk Choice</p>
7	8	9	10	11
<p><u>Breakfast</u> Whole Grain Cereal Sausage Patty Fresh Fruit/Fruit Juice Choice Milk Choice</p> <p><u>Lunch</u> Turkey & Cheese Sub Cherry Tomatoes Green Leafy Lettuce Fruit Milk Choice</p>	<p><u>Breakfast</u> Biscuit & Gravy Fresh Fruit/Fruit Juice Choice Milk Choice</p> <p><u>Lunch</u> Toasted Ravioli / Marinara Sauce Carrot Sticks with Ranch WG M&M Cookie Fruit Milk Choice</p>	<p><u>Breakfast</u> Kansas Granola Bar Fresh Fruit/Fruit Juice Choice Milk Choice</p> <p><u>Lunch</u> Pepperoni Pizza Garden Salad Fruit Milk Choice</p>	<p><u>Breakfast</u> Pancakes Fresh Fruit/Fruit Juice Choice Milk Choice</p> <p><u>Lunch</u> Chicken Nuggets Mac N Cheese Green Beans Fruit Milk Choice</p>	<p><u>Breakfast</u> Chicken Biscuit Breakfast Sandwich Fresh Fruit/Fruit Juice Choice Milk Choice</p> <p><u>Lunch</u> Taco in a Bag Red Bell Pepper Strips w/ Ranch Fruit Milk Choice</p>

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14	15	16	17	18
<u>NO SCHOOL</u>	<p style="text-align: center;"><u>Breakfast</u> Oatmeal Breakfast Round Yogurt Cup Fresh Fruit/Fruit Juice Choice Milk Choice</p> <p style="text-align: center;"><u>Lunch</u> Crispy Nachos Seasoned Corn Refried Beans Fruit Milk Choice</p>	<p style="text-align: center;"><u>Breakfast</u> WG Bagel w/ Toppings Fresh Fruit/Fruit Juice Choice Milk Choice</p> <p style="text-align: center;"><u>Lunch</u> Salisbury Steak Whipped Potatoes Green Beans WG Dinner Roll Fruit Milk Choice</p>	<p style="text-align: center;"><u>Breakfast</u> WG Blueberry Muffin Fresh Fruit/Fruit Juice Choice Milk Choice</p> <p style="text-align: center;"><u>Lunch</u> Rotini Pasta with Chicken WG Breadstick Cherry Tomatoes Fruit Milk Choice</p>	<p style="text-align: center;"><u>Breakfast</u> Breakfast Pizza Fresh Fruit/Fruit Juice Choice Milk Choice</p> <p style="text-align: center;"><u>Lunch</u> Bosco Sticks w/ Marinara Garden Salad WG Snickerdoodle Cookie Fruit Milk Choice</p>
21	22	23	24	25
<p style="text-align: center;"><u>Breakfast</u> WG Cereal String Cheese Fresh Fruit/Fruit Juice Choice Milk Choice</p> <p style="text-align: center;"><u>Lunch</u> Fish Sticks Mac n Cheese Sweet Peas Fruit Milk Choice</p>	<p style="text-align: center;"><u>Breakfast</u> Pancake on a Stick Fresh Fruit/Fruit Juice Choice Milk Choice</p> <p style="text-align: center;"><u>Lunch</u> Sloppy Joe on Bun Oven Fries Broccoli w/ Cheese Fruit Milk Choice</p>	<p style="text-align: center;"><u>Breakfast</u> Biscuit & Gravy Fresh Fruit/Fruit Juice Choice Milk Choice</p> <p style="text-align: center;"><u>Lunch</u> Cheese Pizza Garden Salad WG M&M Cookie Fruit Milk Choice</p>	<p style="text-align: center;"><u>Breakfast</u> Sausage Breakfast Sandwich Fresh Fruit/Fruit Juice Choice Milk Choice</p> <p style="text-align: center;"><u>Lunch</u> Toasted Cheese Sandwich Creamy Tomato Soup Seasoned Corn Fruit Milk Choice</p>	<u>NO SCHOOL</u>
28	29	30	31	
<p style="text-align: center;"><u>Breakfast</u> Mini Waffles with Syrup Fresh Fruit/Fruit Juice Choice Milk Choice</p> <p style="text-align: center;"><u>Lunch</u> Hot Dog on Bun Oven Fries Celery & Carrot Sticks / Ranch Fruit Milk Choice</p>	<p style="text-align: center;"><u>Breakfast</u> Mini Pancakes Fresh Fruit/Fruit Juice Choice Milk Choice</p> <p style="text-align: center;"><u>Lunch</u> Orange Chicken Fried Rice Broccoli Fruit Fortune Cookie Milk Choice</p>	<p style="text-align: center;"><u>Breakfast</u> Whole Wheat Bagel w/ toppings Fresh Fruit/Fruit Juice Choice Milk Choice</p> <p style="text-align: center;"><u>Lunch</u> Spaghetti w/ Meat Sauce Garlic Bread Garden Salad Fruit Milk Choice</p>	<p style="text-align: center;"><u>Breakfast</u> Scrambled Eggs & Toast Fresh Fruit/Fruit Juice Choice Milk Choice</p> <p style="text-align: center;"><u>Lunch</u> Taco Salad & Tortilla Chips Refried Beans Romaine Lettuce Fruit Milk Choice</p>	