



March 2019 Illini West High School Menu



Monday	Tuesday	Wednesday	Thursday	Friday
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			<p>Milk Choices include: 1% white, skim white & skim chocolate</p> <p>Menus are subject to change without notice due to inclement weather and/or food supply</p>	<p>Breakfast Pancakes Fresh Fruit/Fruit Juice Choice Milk Choice</p> <p>Lunch Macaroni & Cheese Fish Sticks Baked Beans Fruit Milk Choice</p>
4	5	6	7	8
<p>Breakfast French Toast Sticks w/ Syrup Fresh Fruit / Fruit Juice Choice Milk Choice</p> <p>Lunch Hamburger on Bun Lettuce & Tomato Slice Celery Sticks Fruit Milk Choice</p>	<p>Breakfast Oatmeal Breakfast Round Yogurt Cup Fresh Fruit / Fruit Juice Choice Milk Choice</p> <p>Lunch Crispy Nachos with Ground Beef Seasoned Corn Refried Beans Fruit Milk Choice</p>	<p>Breakfast WG Bagel w/ Toppings Fresh Fruit / Fruit Juice Choice Milk Choice</p> <p>Lunch Salisbury Steak Whipped Potatoes/Gravy Green Beans WG Dinner Roll Fruit Milk Choice</p>	<p>Breakfast WG Blueberry Muffin Fresh Fruit / Fruit Juice Choice Milk Choice</p> <p>Lunch Rotini Pasta with Chicken WG Breadstick Carrot Sticks WG M&M Cookie Fruit Milk Choice</p>	<p>Breakfast Breakfast Pizza Fresh Fruit / Fruit Juice Choice Milk Choice</p> <p>Lunch Bosco Sticks w/ Marinara Garden Salad Fruit Milk Choice</p>

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11	12	13	14	15
<p style="text-align: center;"><u>Breakfast</u> Biscuit & Gravy Fresh Fruit / Fruit Juice Choice Milk Choice</p> <p style="text-align: center;"><u>Lunch</u> Cheese Pizza Garden Salad Fruit Milk Choice</p>	<p style="text-align: center;"><u>Breakfast</u> Pancake on a Stick Fresh Fruit / Fruit Juice Choice Milk Choice</p> <p style="text-align: center;"><u>Lunch</u> Goulash WG Breadstick Seasoned Corn Fruit Milk Choice</p>	<p style="text-align: center;"><u>Breakfast</u> WG Cereal String Cheese Fresh Fruit / Fruit Juice Choice Milk Choice</p> <p style="text-align: center;"><u>Lunch</u> Sloppy Joe on Bun Oven Fries Broccoli w/ Cheese Fruit Milk Choice</p>	<p style="text-align: center;"><u>Breakfast</u> Sausage Breakfast Sandwich Fresh Fruit / Fruit Juice Choice Milk Choice</p> <p style="text-align: center;"><u>Lunch</u> Toasted Cheese Sandwich Creamy Tomato Soup Green Peas Fruit Milk Choice</p>	<p style="text-align: center;"><u>Breakfast</u> WG Muffin Fresh Fruit / Fruit Juice Choice Milk Choice</p> <p style="text-align: center;"><u>Lunch</u> Chicken Patty on Bun Green Leafy Lettuce Baked Beans Fruit Milk Choice</p>
18	19	20	21	22
<p style="text-align: center;"><u>Breakfast</u> Mini Waffles with Syrup Fresh Fruit / Fruit Juice Choice Milk Choice</p> <p style="text-align: center;"><u>Lunch</u> Hot Dog on Bun Oven Fries Celery & Carrot Sticks Fruit Milk Choice</p>	<p style="text-align: center;"><u>Breakfast</u> Whole Grain Bagel w/ toppings Fresh Fruit / Fruit Juice Choice Milk Choice</p> <p style="text-align: center;"><u>Lunch</u> Spaghetti w/ Meat Sauce Garlic Bread Garden Salad Fruit Milk Choice</p>	<p style="text-align: center;"><u>Breakfast</u> Pancakes Fresh Fruit / Fruit Juice Choice Milk Choice</p> <p style="text-align: center;"><u>Lunch</u> Orange Chicken Fried Rice Broccoli Fruit Fortune Cookie Milk Choice</p>	<p style="text-align: center;"><u>Breakfast</u> WG Cinnamon Roll Fresh Fruit/Fruit Juice Choice Milk Choice</p> <p style="text-align: center;"><u>Lunch</u> Taco Salad & Tortilla Chips Red Bell Pepper Strips Refried Beans Romaine Lettuce Fruit</p>	<p style="text-align: center;"><u>Breakfast</u> Scrambled Eggs & Toast Fresh Fruit/Fruit Juice Choice Milk Choice</p> <p style="text-align: center;"><u>Lunch</u> Chicken & Noodles Mashed Potatoes Cooked Carrots Fruit Milk Choice</p>
25	26	27	28	29
<p style="text-align: center;"><u>Breakfast</u> WG Cereal & Yogurt Cup Fresh Fruit/Fruit Juice Choice Milk Choice</p> <p style="text-align: center;"><u>Lunch</u> Hamburger on Bun Lettuce & Tomato Baked Beans Fruit Milk Choice</p>	<p style="text-align: center;"><u>Breakfast</u> Biscuit & Gravy Fresh Fruit/Fruit Juice Choice Milk Choice</p> <p style="text-align: center;"><u>Lunch</u> Popcorn Chicken w/ Ranch Mac N Cheese Seasoned Corn Fruit Milk Choice</p>	<p style="text-align: center;"><u>Breakfast</u> Scrumptious Coffeecake Fresh Fruit/Fruit Juice Choice Milk Choice</p> <p style="text-align: center;"><u>Lunch</u> Fresh Baked Lasagna WG Breadsticks Carrot Sticks w/ Ranch Fruit Milk Choice</p>	<p style="text-align: center;"><u>Breakfast</u> Omelet Quesadilla w/ salsa Fresh Fruit/Fruit Juice Choice Milk Choice</p> <p style="text-align: center;"><u>Lunch</u> Stuffed Crust Pepperoni Pizza Garden Salad WG Snickerdoodle Cookie Fruit Milk Choice</p>	<p style="text-align: center;"><u>Breakfast</u> French Toast Sticks w/ Syrup Fresh Fruit/Fruit Juice Choice Milk Choice</p> <p style="text-align: center;"><u>Lunch</u> Biscuits & Gravy Sausage Patty Hash Brown Patty Fruit Milk Choice</p>