





February 2019 Illini West High School Menu

Monday	Tuesday	Wednesday	Thursday	Friday
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		 <p style="text-align: center;">Choose MyPlate.gov</p>	<p>Lunch</p> <p>Cheese Pizza Garden Salad or Veggie Dippers Fruit Milk Choice</p> <p style="text-align: right; color: red; font-weight: bold;">➔</p>	<p>Breakfast</p> <p>Breakfast Pizza Fresh Fruit/Fruit Juice Choice Milk Choice</p> <p>Lunch</p> <p>Cheeseburger on Bun Veggie Dippers w/ Ranch Dressing Green Leafy Lettuce Fruit Milk Choice</p>
4	5	6	7	8
<p>Breakfast</p> <p>Mini Waffles with Syrup Fresh Fruit/Fruit Juice Choice Milk Choice</p> <p>Lunch</p> <p>Salisbury Steak Whipped Potatoes/Gravy Green Beans Dinner Roll Fruit Milk Choice</p>	<p>Breakfast</p> <p>Mini Pancakes Fresh Fruit/Fruit Juice Choice Milk Choice</p> <p style="text-align: center; color: red; font-weight: bold; transform: rotate(-15deg);">Back by Popular Demand!</p> <p>Lunch</p> <p>Orange Chicken Fried Rice Broccoli Fruit Fortune Cookie Milk Choice</p>	<p>Breakfast</p> <p>Whole Wheat Bagel w/ toppings Fresh Fruit/Fruit Juice Choice Milk Choice</p> <p style="text-align: center; color: red; font-weight: bold;">NO SCHOOL – SNOW DAY</p> <p>Lunch</p> <p>Spaghetti w/ Meat Sauce Garlic Bread Garden Salad Fruit Milk Choice</p> <p style="text-align: right; color: red; font-weight: bold;">➔</p>	<p>Breakfast</p> <p>WG Cinnamon Roll Fresh Fruit/Fruit Juice Choice Milk Choice</p> <p style="text-align: center; color: red; font-weight: bold;">NO SCHOOL – SNOW DAY</p> <p>Lunch</p> <p>Taco Salad & Tortilla Chips Red Bell Pepper Strips Refried Beans Romaine Lettuce Fruit Milk Choice</p> <p style="text-align: right; color: red; font-weight: bold;">➔</p>	<p>Breakfast</p> <p>Scrambled Eggs & Toast Fresh Fruit/Fruit Juice Choice Milk Choice</p> <p>Lunch</p> <p>Chicken & Noodles Mashed Potatoes Cooked Carrots Fruit Milk Choice</p>

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11	Monday	12	Tuesday	13	Wednesday	14	Thursday	15	Friday
	<p><u>Breakfast</u> WG Cereal & Yogurt Cup Fresh Fruit/Fruit Juice Choice Milk Choice</p> <p><u>Lunch</u> Hamburger on Bun Lettuce & Tomato Baked Beans WG Snickerdoodle Cookie Fruit Milk Choice</p>		<p><u>Breakfast</u> Biscuit & Gravy Fresh Fruit/Fruit Juice Choice Milk Choice</p> <p style="text-align: center;"><u>NO SCHOOL – SNOW DAY</u></p> <p><u>Lunch</u> Popcorn Chicken w/ Ranch Mac N Cheese Cherry Tomatoes Fruit Milk Choice</p>		<p><u>Breakfast</u> Scrumptious Coffeecake Fresh Fruit/Fruit Juice Choice Milk Choice</p> <p><u>Lunch</u> Fresh Baked Lasagna WG Breadsticks Carrot Sticks w/ Ranch Fruit Milk Choice</p>		<p><u>Breakfast</u> Omelet Quesadilla w/ salsa Fresh Fruit/Fruit Juice Choice Milk Choice</p> <p><u>Lunch</u> Cheese Pizza Garden Salad Fruit Milk Choice</p>		<p><u>Breakfast</u> Biscuit & Gravy Fresh Fruit/Fruit Juice Choice Milk Choice</p> <p><u>Lunch</u> Bosco Sticks with Marinara Veggie Dippers with Ranch Fruit Milk Choice</p>
	<p style="font-size: 2em; color: red; text-decoration: underline;">NO SCHOOL</p>		<p><u>Breakfast</u> Mini Waffles w/ Syrup Fresh Fruit/Fruit Juice Choice Milk Choice</p> <p><u>Lunch</u> Mini Corn Dogs Green Beans WG M&M Cookie Fruit Milk Choice</p>		<p><u>Breakfast</u> Egg & Cheese Breakfast Burrito Graham Snacks Fresh Fruit/Fruit Juice Choice Milk Choice</p> <p style="text-align: center;"> <u>Lunch</u> Tater Tot Casserole Spinach Salad Dinner Roll Fruit Milk Choice</p>		<p><u>Breakfast</u> Breakfast Pizza Fresh Fruit/Fruit Juice Choice Milk Choice</p> <p><u>Lunch</u> Baked Penne Pasta WG Breadstick Sweet Peas Fruit Milk Choice</p>		<p><u>Breakfast</u> WG Muffin Fresh Fruit/Fruit Juice Choice Milk Choice</p> <p><u>Lunch</u> Stuffed Crust Pepperoni Pizza Tossed Salad Carrot Sticks Fruit Milk Choice</p>
	<p><u>Breakfast</u> Biscuit & Gravy Fresh Fruit / Fruit Juice Choice Milk Choice</p> <p><u>Lunch</u> Cheeseburger on Bun Lettuce & Tomato Slice Oven Fries Fruit Milk Choice</p>		<p><u>Breakfast</u> WG Cereal Sausage Patty Fresh Fruit/Fruit Juice Choice Milk Choice</p> <p><u>Lunch</u> Walking Taco Red Bell Pepper Strips w/ Ranch Fruit Milk Choice</p>		<p><u>Breakfast</u> Chicken Biscuit Breakfast Sandwich Fresh Fruit / Fruit Juice Choice Milk Choice</p> <p><u>Lunch</u> Cheese Pizza Garden Salad Fruit Milk Choice</p>		<p><u>Breakfast</u> Kansas Granola Bar Fresh Fruit / Fruit Juice Choice Milk Choice</p> <p><u>Lunch</u> Chicken Nuggets w/ Ranch *WG Roll (5-12) Mashed Potatoes & Gravy Cooked Carrots Fruit Milk Choice</p>		<p>Milk Choices include: 1% white, skim white & skim chocolate</p> <p>Menus are subject to change without notice due to inclement weather and/or food supply</p> <p>* Applies only to the grades indicated</p>