



January 2019 Illini West High School Menu



Monday	Tuesday	Wednesday	Thursday	Friday
	1	2	3	4
<div style="font-size: 2em; color: red; font-weight: bold; text-decoration: underline;">NO SCHOOL</div>				
7	8	9	10	11
<p style="text-align: center;"><u>Breakfast</u> WG Cinnamon Roll Fresh Fruit/Fruit Juice Choice Milk Choice</p> <p style="text-align: center;"><u>Lunch</u> Chicken Tetrazzini Mixed Vegetables WG M&M Cookie Fruit Milk Choice</p>	<p style="text-align: center;"><u>Breakfast</u> Mini Waffles w/ Syrup Fresh Fruit / Fruit Juice Choice Milk Choice</p> <p style="text-align: center;"><u>Lunch</u> Cheese Pizza Tossed Salad Carrot Sticks Fruit Milk Choice</p>	<p style="text-align: center;"><u>Breakfast</u> Egg & Cheese Breakfast Burrito Graham Snacks Fresh Fruit/Fruit Juice Choice Milk Choice</p> <p style="text-align: center;"><u>Lunch</u> Mini Corn Dogs Tator Tots Green Beans Fruit Milk Choice</p>	<p style="text-align: center;"><u>Breakfast</u> WG Muffin Fresh Fruit/Fruit Juice Choice Milk Choice</p> <p style="text-align: center;"><u>Lunch</u> Chicken Quesadilla Wedge *Tortilla Chips (9-12) Refried Beans Salsa Fruit Milk Choice</p>	<p style="text-align: center;"><u>Breakfast</u> Breakfast Pizza Fresh Fruit/Fruit Juice Choice Milk Choice</p> <p style="text-align: center;"><u>Lunch</u> Baked Penne Pasta WG Breadstick Seasoned Corn Green Bell Pepper Strips/Ranch Fruit Milk Choice</p>

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14	Monday	15	Tuesday	16	Wednesday	17	Thursday	18	Friday								
	<p><u>Breakfast</u> Biscuit & Gravy Fresh Fruit / Fruit Juice Choice Milk Choice</p> <p><u>Lunch</u> Hamburger on Bun Lettuce & Tomato Slice Oven Fries Fruit Milk Choice</p>	<p><u>Breakfast</u> WG Cereal Sausage Patty Fresh Fruit/Fruit Juice Choice Milk Choice</p> <p><u>Lunch</u> Walking Taco Red Bell Pepper Strips w/ Ranch Fruit Milk Choice</p>	<p><u>Breakfast</u> Chicken Biscuit Breakfast Sandwich Fresh Fruit / Fruit Juice Choice Milk Choice</p> <p><u>Lunch</u> Pepperoni Pizza Garden Salad Fruit Milk Choice</p>	<p><u>Breakfast</u> Kansas Granola Bar Fresh Fruit / Fruit Juice Choice Milk Choice</p> <p><u>Lunch</u> Chicken Nuggets *WG Roll (5-12) Mashed Potatoes & Gravy Cooked Carrots Fruit Milk Choice</p>	<p><u>Breakfast</u> Pancakes Fresh Fruit / Fruit Juice Choice Milk Choice</p> <p><u>Lunch</u> Macaroni & Cheese Meatballs Baked Beans Fruit Milk Choice</p>	<p><u>NO</u> <u>SCHOOL</u></p>		<p><u>Breakfast</u> Oatmeal Breakfast Round Yogurt Cup Fruit Fresh Fruit / Fruit Juice Choice Milk Choice</p> <p><u>Lunch</u> Crispy Nachos with Ground Beef Seasoned Corn Refried Beans Fruit Milk Choice</p>	<p><u>Breakfast</u> WG Bagel w/ Toppings Fresh Fruit / Fruit Juice Choice Milk Choice</p> <p><u>Lunch</u> Salisbury Steak Whipped Potatoes Green Beans WG Dinner Roll Fruit Milk Choice</p>	<p><u>Breakfast</u> Breakfast Pizza Fresh Fruit/Fruit Juice Choice Milk Choice</p> <p><u>Lunch</u> Rotini Pasta with Chicken WG Breadstick Cherry Tomatoes Fruit Milk Choice</p>	<p><u>Breakfast</u> WG Blueberry Muffin Fresh Fruit/Fruit Juice Choice Milk Choice</p> <p><u>Lunch</u> Bosco Sticks w/ Marinara Garden Salad WG Snickerdoodle Cookie Fruit Milk Choice</p>		<p><u>Breakfast</u> WG Cereal String Cheese Fresh Fruit/Fruit Juice Choice Milk Choice</p> <p><u>Lunch</u> Goulash WG Breadstick Sweet Peas Fruit Milk Choice</p>	<p><u>Breakfast</u> Pancake on a Stick Fresh Fruit/Fruit Juice Choice Milk Choice</p> <p><u>Lunch</u> Sloppy Joe on Bun Oven Fries Broccoli with Cheese Fruit Milk Choice</p>	<p><u>Breakfast</u> Biscuit & Gravy Fresh Fruit/Fruit Juice Choice Milk Choice</p> <p><u>Lunch</u> Cheese Pizza Garden Salad Fruit Milk Choice</p>	<p><u>Breakfast</u> Egg & Sausage Breakfast Sandwich Fresh Fruit/Fruit Juice Choice Milk Choice</p> <p><u>Lunch</u> Toasted Cheese Sandwich Tomato Soup Seasoned Corn Fruit Milk Choice</p>	<p>Milk Choices include: 1% white, skim white & skim chocolate</p> <p>Menus are subject to change without notice due to inclement weather and/or food supply</p> <p>* Applies only to the grades indicated</p>
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