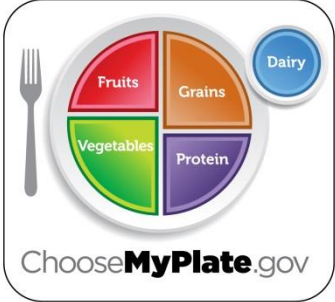




November 2018 Illini West High School Menu

Monday	Tuesday	Wednesday	Thursday	Friday
2			1	2
 <p>Choose MyPlate.gov</p>	<p>Milk Choices include: 1% white, skim white & skim chocolate</p> <p>Menus are subject to change without notice due to inclement weather and/or food supply</p>		<p style="text-align: center;">Breakfast</p> <p style="text-align: center;">Scrambled Eggs & Toast Fresh Fruit/Fruit Juice Choice Milk Choice</p> <p style="text-align: center;">Lunch</p> <p style="text-align: center;">Taco Salad & Tortilla Chips Refried Beans Red Bell Pepper Strips w/ Ranch Romaine Lettuce Fruit Milk Choice</p>	<p style="text-align: center;">Breakfast</p> <p style="text-align: center;">WG Cinnamon Roll Fresh Fruit/Fruit Juice Choice Milk Choice</p> <p style="text-align: center;">Lunch</p> <p style="text-align: center;">Chicken & Noodles Mashed Potatoes Fresh Baby Carrots Fruit Milk Choice</p>
5	6	7	8	9
<p style="text-align: center;">Breakfast</p> <p style="text-align: center;">WG Cereal & Yogurt Cup Fresh Fruit/Fruit Juice Choice Milk Choice</p> <p style="text-align: center;">Lunch</p> <p style="text-align: center;">BBQ Pulled Pork on Bun Baked Beans Creamy Coleslaw Fruit Milk Choice</p>	<p style="text-align: center;">Breakfast</p> <p style="text-align: center;">Biscuit & Gravy Fresh Fruit/Fruit Juice Choice Milk Choice</p> <p style="text-align: center;">Lunch</p> <p style="text-align: center;">Popcorn Chicken Whole Wheat Roll Ranch Potato Wedges Cherry Tomatoes Fruit Milk Choice</p>	<p style="text-align: center;">Breakfast</p> <p style="text-align: center;">Scrumptious Coffeecake Fresh Fruit/Fruit Juice Choice Milk Choice</p> <p style="text-align: center;">Lunch</p> <p style="text-align: center;">Fresh Baked Lasagna WG Breadstick Garden Salad Fruit Milk Choice</p>	<p style="text-align: center;">Breakfast</p> <p style="text-align: center;">Omelet Quesadilla w/salsa Fresh Fruit/Fruit Juice Choice Milk Choice</p> <p style="text-align: center;">Lunch</p> <p style="text-align: center;">Stuffed Crust Pepperoni Pizza Broccoli Florets Fresh Baby Carrots Fruit Milk Choice</p>	<p style="text-align: center;">Breakfast</p> <p style="text-align: center;">French Toast Sticks w/ Syrup Fresh Fruit/Fruit Juice Choice Milk Choice</p> <p style="text-align: center;">Lunch</p> <p style="text-align: center;">Biscuits & Gravy Sausage Patty Hash Brown Patty Fruit Milk Choice</p>

Federal Nondiscrimination Statement: In accordance with Federal law and United States Department of Agriculture (USDA) policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, or disability. To file a complaint of discrimination, write USDA, Director, Office of Adjudication, 1400 Independence Avenue, SW, Washington, DC 20250-9410 or call 866-632-9992 (voice). Individuals who are hearing impaired or have speech disabilities Aug contact USDA through the Federal Relay Service at 800-877-8339, or 800-845-6136 (Spanish). The USDA and the CDE are equal opportunity providers and employers.

November 2018 - Illini West High School

12	Monday	13	Tuesday	14	Wednesday	15	Thursday	16	Friday								
	<p><u>Breakfast</u> WG Cinnamon Roll Fresh Fruit/Fruit Juice Choice Milk Choice</p> <p><u>Lunch</u> Chicken Tetrizzini Mixed Vegetables WG M&M Cookie Fruit Milk Choice</p>	<p><u>Breakfast</u> Mini Waffles w/ Syrup Fresh Fruit/Fruit Juice Choice Milk Choice</p> <p><u>Lunch</u> Cheese Pizza Tossed Salad Carrot Sticks Fruit Milk Choice</p>	<p><u>Breakfast</u> Egg & Cheese Breakfast Burrito Graham Snacks Fresh Fruit/Fruit Juice Choice Milk Choice</p> <p><u>Lunch</u> Mini Corn Dogs Green Beans Fruit Milk Choice</p>	<p><u>Breakfast</u> WG Muffin Fresh Fruit/Fruit Juice Choice Milk Choice</p> <p><u>Lunch</u> Chicken Quesadilla Wedge Salsa / Sour Cream Seasoned Corn Fruit Milk Choice</p>	<p><u>Breakfast</u> Breakfast Pizza Fresh Fruit/Fruit Juice Choice Milk Choice</p> <p><u>Lunch</u> Baked Penne Pasta WG Breadstick Sweet Peas Fruit Milk Choice</p>		<p><u>Breakfast</u> Biscuit & Gravy Fresh Fruit/Fruit Juice Choice Milk Choice</p> <p><u>Lunch</u> Hamburger on Bun Lettuce & Tomato Slice Oven Fries Fruit Milk Choice</p>	<p><u>Breakfast</u> WG Cereal Sausage Patty Fresh Fruit/Fruit Juice Choice Milk Choice</p> <p><u>Lunch</u> Taco in a Bag Red Bell Pepper Strips w/ Ranch Fruit Milk Choice</p>	<p><u>NO</u> <u>SCHOOL</u></p>	<p><u>NO</u> <u>SCHOOL</u></p>	<p><u>NO</u> <u>SCHOOL</u></p>		<p><u>Breakfast</u> French Toast Sticks w/ Syrup Fresh Fruit/Fruit Juice Choice Milk Choice</p> <p><u>Lunch</u> Turkey & Cheese Sub Lettuce & Tomato Slice Carrot Sticks Fruit Milk Choice</p>	<p><u>Breakfast</u> Oatmeal Breakfast Round Yogurt Cup Fresh Fruit/Fruit Juice Choice Milk Choice</p> <p><u>Lunch</u> Crispy Nachos with Ground Beef Seasoned Corn Refried Beans Fruit Milk Choice</p>	<p><u>Breakfast</u> WG Bagel w/ Toppings Fresh Fruit/Fruit Juice Choice Milk Choice</p> <p><u>Lunch</u> Salisbury Steak Whipped Potatoes Green Beans WG Dinner Roll Fruit Milk Choice</p>	<p><u>Breakfast</u> WG Blueberry Muffin Fresh Fruit/Fruit Juice Choice Milk Choice</p> <p><u>Lunch</u> Rotini Pasta with Chicken WG Breadstick Cherry Tomatoes Fruit Milk Choice</p>	<p><u>Breakfast</u> Breakfast Pizza Fresh Fruit/Fruit Juice Choice Milk Choice</p> <p><u>Lunch</u> Bosco Sticks w/ Marinara Garden Salad WG Snickerdoodle Cookie Fruit Milk Choice</p>
	<p><u>Breakfast</u> Biscuit & Gravy Fresh Fruit/Fruit Juice Choice Milk Choice</p> <p><u>Lunch</u> Hamburger on Bun Lettuce & Tomato Slice Oven Fries Fruit Milk Choice</p>	<p><u>Breakfast</u> WG Cereal Sausage Patty Fresh Fruit/Fruit Juice Choice Milk Choice</p> <p><u>Lunch</u> Taco in a Bag Red Bell Pepper Strips w/ Ranch Fruit Milk Choice</p>	<p><u>NO</u> <u>SCHOOL</u></p>	<p><u>NO</u> <u>SCHOOL</u></p>	<p><u>NO</u> <u>SCHOOL</u></p>		<p><u>Breakfast</u> French Toast Sticks w/ Syrup Fresh Fruit/Fruit Juice Choice Milk Choice</p> <p><u>Lunch</u> Turkey & Cheese Sub Lettuce & Tomato Slice Carrot Sticks Fruit Milk Choice</p>	<p><u>Breakfast</u> Oatmeal Breakfast Round Yogurt Cup Fresh Fruit/Fruit Juice Choice Milk Choice</p> <p><u>Lunch</u> Crispy Nachos with Ground Beef Seasoned Corn Refried Beans Fruit Milk Choice</p>	<p><u>Breakfast</u> WG Bagel w/ Toppings Fresh Fruit/Fruit Juice Choice Milk Choice</p> <p><u>Lunch</u> Salisbury Steak Whipped Potatoes Green Beans WG Dinner Roll Fruit Milk Choice</p>	<p><u>Breakfast</u> WG Blueberry Muffin Fresh Fruit/Fruit Juice Choice Milk Choice</p> <p><u>Lunch</u> Rotini Pasta with Chicken WG Breadstick Cherry Tomatoes Fruit Milk Choice</p>	<p><u>Breakfast</u> Breakfast Pizza Fresh Fruit/Fruit Juice Choice Milk Choice</p> <p><u>Lunch</u> Bosco Sticks w/ Marinara Garden Salad WG Snickerdoodle Cookie Fruit Milk Choice</p>						
	<p><u>Breakfast</u> French Toast Sticks w/ Syrup Fresh Fruit/Fruit Juice Choice Milk Choice</p> <p><u>Lunch</u> Turkey & Cheese Sub Lettuce & Tomato Slice Carrot Sticks Fruit Milk Choice</p>	<p><u>Breakfast</u> Oatmeal Breakfast Round Yogurt Cup Fresh Fruit/Fruit Juice Choice Milk Choice</p> <p><u>Lunch</u> Crispy Nachos with Ground Beef Seasoned Corn Refried Beans Fruit Milk Choice</p>	<p><u>Breakfast</u> WG Bagel w/ Toppings Fresh Fruit/Fruit Juice Choice Milk Choice</p> <p><u>Lunch</u> Salisbury Steak Whipped Potatoes Green Beans WG Dinner Roll Fruit Milk Choice</p>	<p><u>Breakfast</u> WG Blueberry Muffin Fresh Fruit/Fruit Juice Choice Milk Choice</p> <p><u>Lunch</u> Rotini Pasta with Chicken WG Breadstick Cherry Tomatoes Fruit Milk Choice</p>	<p><u>Breakfast</u> Breakfast Pizza Fresh Fruit/Fruit Juice Choice Milk Choice</p> <p><u>Lunch</u> Bosco Sticks w/ Marinara Garden Salad WG Snickerdoodle Cookie Fruit Milk Choice</p>												