



September 2018 Illini West High School Menu



Monday	Tuesday	Wednesday	Thursday	Friday
3	4	5	6	7
<p><u>NO SCHOOL</u></p> <p><u>LABOR DAY</u></p>	<p style="text-align: center;"><u>Breakfast</u> Oatmeal Breakfast Round Yogurt Cup Fresh Fruit/Fruit Juice Choice Milk Choice</p> <p style="text-align: center;"><u>Lunch</u> Hot Ham & Cheese on Pretzel Bun Lettuce & Tomato Slice Carrot Sticks Fruit Milk Choice</p>	<p style="text-align: center;"><u>Breakfast</u> WG Bagel w/ Toppings Fresh Fruit/Fruit Juice Choice Milk Choice</p> <p style="text-align: center;"><u>Lunch</u> Salisbury Steak Whipped Potatoes Green Beans WG Dinner Roll Fruit Milk Choice</p>	<p style="text-align: center;"><u>Breakfast</u> WG Blueberry Muffin Fresh Fruit/Fruit Juice Choice Milk Choice</p> <p style="text-align: center;"><u>Lunch</u> Rotini Pasta with Chicken WG Breadstick Cherry Tomatoes Fruit WG Snickerdoodle Cookie Milk Choice</p>	<p style="text-align: center;"><u>Breakfast</u> Breakfast Pizza Fresh Fruit/Fruit Juice Choice Milk Choice</p> <p style="text-align: center;"><u>Lunch</u> Bosco Sticks w/ Marinara Garden Salad Fruit Milk Choice</p>
10	11	12	13	14
<p style="text-align: center;"><u>Breakfast</u> WG Cereal String Cheese Fresh Fruit/Fruit Juice Choice Milk Choice</p> <p style="text-align: center;"><u>Lunch</u> Fish Sticks Mac n Cheese Green Peas Fruit Milk Choice</p>	<p style="text-align: center;"><u>Breakfast</u> Pancake on a Stick Fresh Fruit/Fruit Juice Choice Milk Choice</p> <p style="text-align: center;"><u>Lunch</u> Sloppy Joe on Bun Oven Fries Broccoli w/ Cheese Fruit Milk Choice</p>	<p style="text-align: center;"><u>Breakfast</u> Biscuit & Gravy Fresh Fruit/Fruit Juice Choice Milk Choice</p> <p style="text-align: center;"><u>Lunch</u> Cheese Pizza Garden Salad Fruit Milk Choice</p>	<p style="text-align: center;"><u>Breakfast</u> Sausage Breakfast Sandwich Fresh Fruit/Fruit Juice Choice Milk Choice</p> <p style="text-align: center;"><u>Lunch</u> Toasted Cheese Sandwich Creamy Tomato Soup Seasoned Corn Fruit Milk Choice</p>	<p style="text-align: center;"><u>Breakfast</u> WG Muffin Fresh Fruit/Fruit Juice Choice Milk Choice</p> <p style="text-align: center;"><u>Lunch</u> Chicken Patty on Bun Fresh Baby Carrots w/ Ranch Green Leafy Lettuce Fruit Milk Choice</p>

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17	18	19	20	21
<p style="text-align: center;"><u>Breakfast</u> Mini Waffles with Syrup Fresh Fruit/Fruit Juice Choice Milk Choice</p> <p style="text-align: center;"><u>Lunch</u> Hot Dog on Bun Roasted Red Potatoes Broccoli w/ Cheese Fruit Milk Choice</p>	<p style="text-align: center;"><u>Breakfast</u> Mini Pancakes Fresh Fruit/Fruit Juice Choice Milk Choice</p> <p style="text-align: center;"><u>Lunch</u> Chicken Crispito w/ salsa Spanish Brown Rice Veggie Dippers Fruit WG M&M Cookie Milk Choice</p>	<p style="text-align: center;"><u>Breakfast</u> Whole Wheat Bagel w/ toppings Fresh Fruit/Fruit Juice Choice Milk Choice</p> <p style="text-align: center;"><u>Lunch</u> Spaghetti w/ Meat Sauce Garlic Bread Garden Salad Fruit Milk Choice</p>	<p style="text-align: center;"><u>Breakfast</u> Scrambled Eggs & Toast Fresh Fruit/Fruit Juice Choice Milk Choice</p> <p style="text-align: center;"><u>Lunch</u> Taco Salad & Tortilla Chips Red Bell Pepper Strips Refried Beans Romaine Lettuce Fruit Milk Choice</p>	<p style="text-align: center;"><u>Breakfast</u> WG Cinnamon Roll Fresh Fruit/Fruit Juice Choice Milk Choice</p> <p style="text-align: center;"><u>Lunch</u> Chicken & Noodles Mashed Potatoes Fresh Baby Carrots Fruit Milk Choice</p>
24	25	26	27	28
<p style="text-align: center;"><u>Breakfast</u> WG Cereal & Yogurt Cup Fresh Fruit/Fruit Juice Choice Milk Choice</p> <p style="text-align: center;"><u>Lunch</u> BBQ Pulled Pork on Bun Baked Beans Creamy Coleslaw Fruit Milk Choice</p>	<p style="text-align: center;"><u>Breakfast</u> Biscuit & Gravy Fresh Fruit/Fruit Juice Choice Milk Choice</p> <p style="text-align: center;"><u>Lunch</u> Popcorn Chicken *Whole Wheat Roll (5-12 only) Ranch Potato Wedges Cherry Tomatoes Fruit Milk Choice</p>	<p style="text-align: center;"><u>Breakfast</u> Scrumptious Coffeecake Fresh Fruit/Fruit Juice Choice Milk Choice</p> <p style="text-align: center;"><u>Lunch</u> Fresh Baked Lasagna WG Breadsticks Garden Salad Fruit Milk Choice</p>	<p style="text-align: center;"><u>Breakfast</u> Omelet Quesadilla w/ salsa Fresh Fruit/Fruit Juice Choice Milk Choice</p> <p style="text-align: center;"><u>Lunch</u> Cheese Pizza Broccoli Florets Fresh Baby Carrots Fruit Milk Choice</p>	<p style="font-size: 1.5em; color: red; text-decoration: underline;">NO SCHOOL</p>

Menus are subject to change without notice due to inclement weather and/or food supply Milk Choices include: 1% White, Skim White & Skim Chocolate WG = Whole Grain