February 2018 Illini West High School Menu

Monday	Tuesday	Wednesday	Thursday	Friday
			1	2
			Breakfast WG Blueberry Muffin Fresh Fruit/Fruit Juice Choice Milk Choice	<u>Breakfast</u> Breakfast Pizza Fresh Fruit/Fruit Juice Choice Milk Choice
			Lunch Rotini Pasta with Chicken WG Breadstick Cherry Tomatoes Fruit Milk Choice	<u>Lunch</u> Bosco Sticks w/ Marinara Garden Salad Fruit Milk Choice
5	6	7	8	9
Breakfast WG Cereal String Cheese Fresh Fruit/Fruit Juice Choice Milk Choice	Breakfast Pancake on a Stick Fresh Fruit/Fruit Juice Choice Milk Choice	Breakfast Biscuit & Gravy Fresh Fruit/Fruit Juice Choice Milk Choice	Breakfast Sausage Breakfast Sandwich Fresh Fruit/Fruit Juice Choice Milk Choice	Breakfast WG Muffin Fresh Fruit/Fruit Juice Choice Milk Choice
Lunch Cheese Pizza Garden Salad Fruit Milk Choice	Lunch Chili with WG Cornbread WG Crackers Seasoned Corn Fruit Milk Choice	Lunch Sloppy Joe on Bun Oven Fries Broccoli w/ Cheese Fruit Milk Choice	Lunch Toasted Cheese Sandwich Chicken Noodle Soup Green Peas Fruit Milk Choice	Lunch Chicken Patty on Bun Fresh Baby Carrots w/ Ranch Green Leafy Lettuce Fruit Milk Choice

Federal Nondiscrimination Statement: In accordance with Federal law and United States Department of Agriculture (USDA) policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, or disability. To file a complaint of discrimination, write USDA, Director, Office of Adjudication, 1400 Independence Avenue, SW, Washington, DC 20250-9410 or call 866-632-9992 (voice). Individuals who are hearing impaired or have speech disabilities Aug contact USDA through the Federal Relay Service at 800-877-8339, or 800-845-6136 (Spanish). The USDA and the CDE are equal opportunity providers and employers.

2 Monday	13 Tuesday	14 Wednesday	15 Thursday	16 Friday
<u>Breakfast</u> Mini Waffles with Syrup Fresh Fruit/Fruit Juice Choice Milk Choice	Breakfast Mini Pancakes Fresh Fruit/Fruit Juice Choice Milk Choice	Breakfast Whole Wheat Bagel w/ toppings Fresh Fruit/Fruit Juice Choice Milk Choice	Breakfast Breakfast Pita w/ Tomato Salsa Fresh Fruit/Fruit Juice Choice Milk Choice	
Lunch Pig in a Blanket Roasted Red Potatoes Broccoli w/ Cheese Fruit Milk Choice	Lunch Chicken & Noodles Mashed Potatoes Fresh Baby Carrots Fruit Milk Choice	Lunch Spaghetti w/ Meat Sauce Garlic Bread Garden Salad Fruit Milk Choice	Lunch Taco Salad & Tortilla Chips Refried Beans Red Bell Pepper Strips w/ Ranch Romaine Lettuce Fruit Milk Choice	NO SCHOOL
)	20	21	22	23
<u>NO</u> SCHOOL	Breakfast Biscuit & Gravy Fresh Fruit/Fruit Juice Choice Milk Choice Lunch Popcorn Chicken *Whole Wheat Roll (5-12 only) Baked Beans Creamy Coleslaw	Breakfast French Toast Sticks w/ Syrup Fresh Fruit/Fruit Juice Choice Milk Choice Lunch Fresh Baked Lasagna WG Breadstick Garden Salad Fruit	Breakfast Omelet Quesadilla w/ salsa Fresh Fruit/Fruit Juice Choice Milk Choice Lunch Cheese Pizza Broccoli Florets Fresh Baby Carrots Fruit	Breakfast Scrumptious Coffeecake Fresh Fruit/Fruit Juice Choice Milk Choice Lunch Biscuits & Gravy *Sausage Patty (5-12 only) Hash Brown Patty
	Fruit Milk Choice	Milk Choice	Milk Choice	Fruit Milk Choice
5	27	28		
Breakfast WG Cinnamon Roll Fresh Fruit/Fruit Juice Choice Milk Choice Lunch Pork Rib on Bun Lettuce & Tomato Slice Sweet Potato Puffs Fruit Milk Choice	Breakfast Mini Waffles w/ Syrup Fresh Fruit/Fruit Juice Choice Milk Choice Lunch Cheese Pizza Tossed Salad Carrot Sticks Fruit Milk Choice	Breakfast Breakfast Pizza Fresh Fruit/Fruit Juice Choice Milk Choice Lunch Mini Corn Dogs Tator Tots Green Beans Fruit Milk Choice	Protein Protein Choose My Plate.gov	Milk Choices include: 1% white skim white & skim chocolate Menus are subject to change without notice due to inclemer weather and/or food supply * Applies only to the grades indicated