



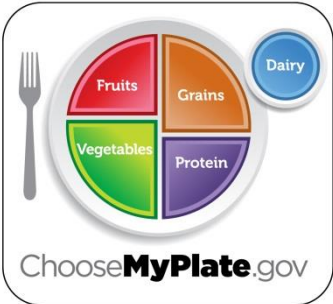
October 2017

Illini West High School Menu

Monday	Tuesday	Wednesday	Thursday	Friday
2	3	4	5	6
<p style="text-align: center;"><u>Breakfast</u> WG Cinnamon Roll Fresh Banana Fruit Juice Choice Milk Choice</p> <p style="text-align: center;"><u>Lunch</u> Pork Rib on Bun Lettuce & Tomato Slice Sweet Potato Puffs Fresh Cantaloupe Milk Choice</p>	<p style="text-align: center;"><u>Breakfast</u> Mini Waffles w/ Syrup Apricot Halves Fruit Juice Choice Milk Choice</p> <p style="text-align: center;"><u>Lunch</u> Cheese Pizza Tossed Salad Carrot Sticks Fresh Watermelon Milk Choice</p>	<p style="text-align: center;"><u>Breakfast</u> Breakfast Pizza Peach Slices Fruit Juice Choice Milk Choice</p> <p style="text-align: center;"><u>Lunch</u> Mini Corn Dogs Tator Tots Green Beans Fruit Cocktail Milk Choice</p>	<p style="text-align: center;"><u>Breakfast</u> Egg Taco w/ Tomato Salsa Graham Snacks Fresh Kiwi Fruit Juice Choice Milk Choice</p> <p style="text-align: center;"><u>Lunch</u> Chicken Quesadilla Tortilla Chips (9-12) Black Bean & Corn Salsa Broccoli Florets Apple Slices Milk Choice</p>	<p style="text-align: center;"><u>Breakfast</u> WG Muffin Applesauce Cup Fruit Juice Choice Milk Choice</p> <p style="text-align: center;"><u>Lunch</u> Baked Penne Pasta WG Breadstick Seasoned Corn Green Bell Pepper Strips/Ranch Fresh Orange Milk Choice</p>
9	10	11	12	13
<p style="font-size: 1.5em; color: red; font-weight: bold;"><u>NO SCHOOL</u></p> <p style="font-size: 1.5em; color: red; font-weight: bold;"><u>COLUMBUS DAY</u></p>	<p style="text-align: center;"><u>Breakfast</u> Biscuit & Gravy Fresh Oranges Fruit Juice Choice Milk Choice</p> <p style="text-align: center;"><u>Lunch</u> Hamburger on Bun Lettuce & Tomato Slice Oven Fries Fresh Strawberries Milk Choice</p>	<p style="text-align: center;"><u>Breakfast</u> Kansas Granola Bar Apricot Halves Fruit Juice Choice Milk Choice</p> <p style="text-align: center;"><u>Lunch</u> Pepperoni Pizza Garden Salad Fresh Grapes Milk Choice</p>	<p style="text-align: center;"><u>Breakfast</u> Chicken Biscuit Breakfast Sandwich Mixed Fruit Cup Fruit Juice Choice Milk Choice</p> <p style="text-align: center;"><u>Lunch</u> Chicken Nuggets *WG Roll (9-12) Mashed Potatoes & Gravy Cooked Carrots Sliced Pears Milk Choice</p>	<p style="text-align: center;"><u>Breakfast</u> Pancakes Fresh Strawberries Fruit Juice Choice Milk Choice</p> <p style="text-align: center;"><u>Lunch</u> Macaroni & Cheese Meatballs Baked Beans Diced Peaches Milk Choice</p>

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October 2017 - Illini West High School

16	17	18	19	20
<p style="text-align: center;"><u>Breakfast</u></p> <p>French Toast Sticks w/ Syrup Fresh Grapes Fruit Juice Choice Milk Choice</p> <p style="text-align: center;"><u>Lunch</u></p> <p>Crispy Nachos with Ground Beef Seasoned Corn Refried Beans Chilled Canned Pears Milk Choice</p>	<p style="text-align: center;"><u>Breakfast</u></p> <p>Oatmeal Breakfast Round Yogurt Cup Fruit Juice Choice Milk Choice</p> <p style="text-align: center;"><u>Lunch</u></p> <p>Hot Ham & Cheese on Pretzel Bun Lettuce & Tomato Slice Carrot Sticks Apple Slices Milk Choice</p>	<p style="text-align: center;"><u>Breakfast</u></p> <p>WW Bagel w/ Toppings Fresh Apple Fruit Juice Choice Milk Choice</p> <p style="text-align: center;"><u>Lunch</u></p> <p>Salisbury Steak Whipped Potatoes Green Beans WG Dinner Roll Fresh Grapes Milk Choice</p>	<p style="text-align: center;"><u>Breakfast</u></p> <p>WG Blueberry Muffin Mandarin Oranges Fruit Juice Choice Milk Choice</p> <p style="text-align: center;"><u>Lunch</u></p> <p>Rotini Pasta with Chicken WG Breadstick Cherry Tomatoes Applesauce Milk Choice</p>	<p style="text-align: center;"><u>Breakfast</u></p> <p>Breakfast Pizza Fresh Fruit Fruit Juice Choice Milk Choice</p> <p style="text-align: center;"><u>Lunch</u></p> <p>Bosco Sticks w/ Marinara Garden Salad Fresh Banana Milk Choice</p>
23	24	25	26	<u>NO SCHOOL</u>
<p style="text-align: center;"><u>Breakfast</u></p> <p>WG Cereal String Cheese Fruit Juice Choice Milk Choice</p> <p style="text-align: center;"><u>Lunch</u></p> <p>Sloppy Joe on Bun Oven Fries Cooked Carrots Diced Peaches Milk Choice</p>	<p style="text-align: center;"><u>Breakfast</u></p> <p>Pancake on a Stick Fruit Cocktail Fruit Juice Choice Milk Choice</p> <p style="text-align: center;"><u>Lunch</u></p> <p>Fish Sticks Mac N Cheese Seasoned Corn Fresh Strawberries Milk Choice</p>	<p style="text-align: center;"><u>Breakfast</u></p> <p>Biscuit & Gravy Fresh Banana Fruit Juice Choice Milk Choice</p> <p style="text-align: center;"><u>Lunch</u></p> <p>Cheese Pizza Garden Salad Fresh Oranges Whole Grain Cookie Milk Choice</p>	<p style="text-align: center;"><u>Breakfast</u></p> <p>Sausage Breakfast Sandwich Pineapple Chunks Fruit Juice Choice Milk Choice</p> <p style="text-align: center;"><u>Lunch</u></p> <p>Toasted Cheese Sandwich Chicken Noodle Soup Green Peas Diced Peas Milk Choice</p>	
30	31			
<p style="text-align: center;"><u>Breakfast</u></p> <p>Mini Waffles with Syrup Fresh Pineapple Fruit Juice Choice Milk Choice</p> <p style="text-align: center;"><u>Lunch</u></p> <p>Pig in a Blanket Roasted Red Potatoes Broccoli w/ Cheese Fresh Grapes Milk Choice</p>	<p style="text-align: center;"><u>Breakfast</u></p> <p>Mini Pancakes Fresh Fruit Fruit Juice Choice Milk Choice</p> <p style="text-align: center;"><u>Lunch</u></p> <p>Chicken Crispito w/ Salsa Spanish Brown Rice Veggie Dippers Tropical Fruit *Oatmeal Cookie (9-12 only) Milk Choice</p>			<p>Milk Choices include: 1% white, skim white & skim chocolate</p> <p>Menus are subject to change without notice due to inclement weather and/or food supply</p> <p>* Applies only to the grades indicated</p>