

## Students

### **Exhibit - Certificate of Physical Fitness for Participation in Athletics**

**Secondary schools should substitute the IHSA's Participation Examination for this form when the sport is IHSA regulated.**

*To be submitted to the Building Principal. (please print)*

Student	Sport/Activity
Parent/Guardian	Home phone
Home address	Cell phone
Emergency contact ( <i>relationship to student</i> )	Contact phone
Physician	Physician phone

**Medical History:**      Date of Birth: \_\_\_\_\_      Height: \_\_\_\_\_      Weight: \_\_\_\_\_

☐ Heart condition      ☐ Diabetes      ☐ Asthma:      ☐ Requires child to self-administer medication  
☐ Epilepsy      ☐ Allergies:      ☐ Requires student to carry EpiPen®  
☐ Other \_\_\_\_\_

List all medications (*prescribed and over the counter*)

Injuries (*brief description and dates*)

Surgeries (*brief description and dates*)

Physical activity restrictions (*brief description and duration*)

**I certify that:**

1. My child is in good health and is capable of participating in the above sport or activity. No need exists to limit his/her participation. I assume full responsibility for his/her physical condition and participation, and will notify you of any changes.
2. I have completed and submitted the *Authorization for Medical Treatment* form allowing the school to seek medical treatment for my child in the event of a medical emergency when reasonable attempts to contact me are unsuccessful.
3. If my child requires or may need medication while participating in athletics, I have completed and submitted the *School Medication Authorization Form*.

\_\_\_\_\_  
Parent/Guardian signature

\_\_\_\_\_  
Date

ADOPTED: June 11, 2008